

White. 1631.

A new Almanacke and
Prognostication for the yeere
of our Lord God.

2465 1631. 532a
Being the third after Bissextile,
or Leape yeere.

Calculated for the Meridian of the
most Honourable Citie of London
and will serue generally for the Mo-
narchie of Great Britaine.

By John White, wel-willer to
the Mathematicks.

LONDON,
Printed for the Companie of
Stationers.

The Common notes and Moucable. Fealt for this
present yeere of Grace, 1631.

According to the Olde Sea The New Gregorian Sea
compt bled in England. compt bled beyond Sea.

	17	The Golden Number.	17
	16	The Circle of the Sunne	16
	7	The Epact.	27
	14	The Roman Indiction,	14
	10	The dominicall Letter.	C
februarie	20	Ashroue-sunday	March 3
April	10	Easter day.	April. 10
May	19	Ascension day.	May 19
May	29	Whitsun-day.	June 8
Novemb	27	Aduent-sunday.	Novem. 30

Phisicall Elections.

Take	Uomits.	The Moone or Signe in	♈
	Gulsters.		♉
	Sargarismes.		♊
	Preparatiues.		♋
	Drop Rhumes and Fluxes		♌
	Purges by Peezing.		♍

Fit times for Blood-letting.

The Sanguine; from the new Moone to the first Quarter,
The Cholerick, from the first Quarter to the Full,
The Flegmatick, from the full to the last Quarter.
The Melancholy, from the last Quarter to the change,

Dangerous times for Blood-letting.

In the the heat of Summer, and cold of Winter, or when the
Moone is in that Signe which gouerneth that part of the
Body you would let blood. Also within two dayes of the
Change, or Full of the Moone.

The beginning and ending of the Termes, with the
Returnes and Esloyme dayes, &c. For
this yeere, 1631.

Returne dayes, or dayes of Esloyme.	Dayes of Exception	Returna Breuium	Dayes of appearan
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Hillarie Terme begins January the 24 and ends Fe-
bruarye the 12. and hath 4. Returnes.

Ostabis Hillar. January 20.	Janua. 21	Janua. 22	Janua. 23
Quind Hillary January 27.	Janua. 28	Janua. 29	Janua. 30
Craft. Purific. february 3.	febru. 4	febru. 5	febru. 6
Ostabis Purific. february. 9	febru. 10	febru. 11	febru. 12

Latter Terme begins April 27. and ends May the 23.
and hath 5. Returnes.

Quind. Pasch. April. 25	April. 26	April. 27	April. 28
Tres Pasch. May. 2	May. 3	May. 4	May. 5
Mense Pasch. May. 9	May. 10	May. 11	May. 12
Quind. Pasch. May. 16	May. 17	May. 18	May. 19
Craft. Ascen. May. 20	May. 21	May. 22	May. 23

Trinitie Terme begins June 10. and ends June. 30
and hath 4. Returnes.

Craft. Trinit. June. 6	June. 7	June 8	June. 9
Osta. Trinit. June. 13	June. 14	June. 15	June. 16
Quind. Trinit. June. 20	June. 21	June. 22	June. 23
Tres Trinit. June. 27	June. 28	June. 29	June. 30

Michaelmas Terme begins October 10. and ends
November 28. and hath 8. Returnes.

Osta. Mich. October. 6	Octob. 7	Octob. 8	Octob. 9
Quind. Mich. October. 13	Octob. 14	Octob. 15	Octob. 16
Tres Mich. October. 20	Octob. 21	Octob. 22	Octob. 23
Mens. Mich. October. 27	Octob. 28	Octob. 29	Octob. 30
Craft. Anima. Nouem. 1	Nouem. 2	Noue. 3	Noue. 4
Craft. Mart. Nouemb. 12	Noue. 13	Noue. 14	Noue. 15
Osta. Mart. Nouemb. 18	Noue. 19	Noue. 20	Noue. 21
Quind. Mart. Nouemb. 25	Noue. 26	Noue. 27	Noue. 28

The Anatomie of Man's Bodie, as the
parts thereof are gouerned by the
twelue Celestiall
Signes.

Aries, Head and Face.

Taurus,
Neck and
Throate.

Cancer,
Brest and
Stomacke.

Virgo,
Bowels
and belly.

Scorpio,
Secrets &
members

Capricor.
the knees



Gemini,
Armes &
Shoulders

Leo,
Heart and
backe.

Libra,
Reynes
& loynes.

Sagittarius
The
Thighes

Aquarius.
The legs

Pisces, The feete.

The fierie *Ram* he ruleth Head and Face.
In Necke and Throat the *Bull* doth challenge place;
The ayrie *Twins*, they gouerne Armes and Hands,
The Brest and Stomacke *Cancer* she commands:
The iustie *Lion* hath the Backe and Heart,
Bowels and Belly is the *Virgins* parts:
In Loynes and Reynes is *Libraes* liberties,
And *Scorpio* rulsethe Stones and Pruiities:
The Thighes and Haunch is *Sagittarius* song,
And both the Knees to *Capricorne* belong:
Aquarius makes the Legs much aches feelee,
And *Pisces* rules the Feet from Toe to Heele.

Januarye hath xxi. dayes

Warme Heates and Cloathes this Month are good
Take heed of Catches and letting Blood.

1. Day, Sun riseth at 6 and 0 min. Sets at 4. and 0 min.

15. Day, Sun riseth at 7. and 39 min. Set. at 4. and 21. min.

i	a	Octa. Steph.	Taur.	13		11	d
ii	c	Octa. John	Taur.	26		12	e
iii	d	Octa. Iuno.	Gem.	8	Full moone	13	f
iv	e	Edward dep.	Gem.	21	the viii day at	14	g
v	f	Twelve day.	Canc.	4	5. of the clocke	15	a
vi	g	Felix. & Jan.	Canc.	17	in the mor-	16	b
vii	a	Lucian bish.	Leo.	1	nng.	17	c
viii	c	Isidore bish.	Leo.	14		18	d
ix	e	Sol in Aqua.	Leo.	29		19	e
x	d	Linus mart.	Virg.	13	(Last quar-	20	f
xi	e	Richard mart.	Virg.	28	ter & xxi. day	21	g
xii	f	Willarie bish.	Libz.	11	halfe an houre	22	a
xiii	g	Felix Priest.	Libz.	27	after xi. o' the	23	b
xiv	a	Maurice.	Scor.	11	clock at night.	24	c
xv	c	Marcell bish.	Scor.	25		25	d
xvi	e	Anthony dep.	Sag.	9		26	e
xvii	d	Orsca bish.	Sag.	21	● Perse	27	f
xviii	e	Mollon bish.	Capr.	6	the xxi day, a	28	g
xix	f	Isab & Deb.	Capr.	19	quarter of an	29	a
xx	g	Agnes vt.	Aqua.	1	houre after 6.	30	b
xxi	a	Vincent mar.	Aqua.	14	of the clocke	31	c
xxii	c	Emerancia.	Aqua.	26	in 2 morning.	1	d
xxiii	e	Terine begi.	Pisc.	8		2	e
xxiv	d	Con of Paul.	Pisc.	20	● First quar-	3	f
xxv	e	Poltcarpe bi.	Tris.	1	ter & xxx. day.	4	g
xxvi	f	Agnes the 2.	Tris.	14	three quarters	5	a
xxvii	g	Valerius bish.	Tris.	26	of an houre af-	6	b
xxviii	a	Theod Priest	Tau.	8	ter 9. of the	7	c
xxix	c	Matilde quee	Tau.	21	clocke in the,	8	d
xxx	e	Bartholomew	Gem.	3	morning.	9	e
xxxi	d					10	f

February hath xxviii. dayes.

Milke, Hearbes, and Fennell fowle dente;
Purge not, nor vse Phlebotomie.

1. Day, Sun riseth at 7. and 13 min. sets at 4. and 47. min.
5. Day, Sun riseth at 6. and 48. min. sets at 5. and 12. min.

i	d	Bridge.	Capz.	16	11	g
ii	e	Patrick bish.	Capz.	29	12	a
iii	f	Blaise bish.	Capz.	12	13	b
iiii	g	Gilbert bish.	Capz.	26	14	c
v	a	Agathe virg.	Leo.	9	15	d
vi	b	Septuagesima.	Leo.	24	16	e
vii	c	Angile bish.	Virg.	8	17	f
viii	d	Paul bish.	Virg.	23	18	g
ix	e	Polin Pilces.	Libz.	7	19	a
x	f	Scholastica.	Libz.	22	20	b
xi	g	Catherine bish.	Scor.	7	21	c
xii	a	Terence ds.	Scor.	21	22	d
xiii	b	Sexagesima.	Capz.	6	23	e
xiiii	c	Valentine.	Capz.	19	24	f
xv	d	Paulin & Jo	Capz.	3	25	g
xvi	e	Julian virg.	Capz.	16	26	a
xvii	f	Holgeron.	Capz.	29	27	b
xviii	g	Hugh bish.	Aqua.	11	28	c
xix	a	Sabine.	Aqua.	23	1	d
xx	b	Sh. & Sun.	Disc.	5	2	e
xxi	c	79. Martirs.	Disc.	17	3	f
xxii	d	Peters Cha.	Disc.	29	4	g
xxiii	e	Alfred.	Aries.	11	5	a
xxiiii	f	Mathias Ap.	Aries.	22	6	b
xxv	g	Martha.	Taur.	4	7	c
xxvi	a	Pellor marr.	Taur.	16	8	d
xxvii	b	Quadragesima.	Taur.	29	9	e
xxviii	c	Walde.	Gem.	11	10	f

Full moon
the vi day.
neere five of
the clocke in
afternoone.

Last quar-
ter the 13 day
day, three
quarters of an
houre after 8.
of the clock in
the morning.

Newe
moone the 20
day, a quarter
of an houre
past xi. of the
clock at night

March hath xxxi. dayes.

Grosse meates doe hurt, vse foode thats fine;
Let blood, and take some Medicine

1. Day, Sun riseth at 6. and 19 min. sets at 5. and 41. min.

15. Day, Sun riseth at 5. and 52. min. sets at 6. and 8. min

i	d	David bish.	Gem.	24		11	g
ii	e	Chadde bish.	Canc.	7	First quar-	12	a
iii	f	Hauice.	Canc.	20	ter & first day,	13	b
iiii	g	Ember week.	Leo.	4	at 4. of the	14	c
v	a	Jocaz & Cule	Leo.	18	clocke in the	15	d
vi	B	Mitoz ebit.	Virg.	2	morning.	16	e
vii	c	Perpetue.	Virg.	17		17	f
viii	d	Felix mart.	Libz.	2	Full moone	18	g
ix	e	40. Mart.	Libz.	17	the bit d. p. 3	19	a
x	f	Solin Aries.	Scoz.	2	quarters of an	20	b
xi	g	Nutrien.	Scoz.	16	hower after 2.	21	c
xii	a	Gregorie bish.	Sag.	2	of the clock in	22	d
xiii	B	Theodore ma	Sag.	15	the morning.	23	e
xiiii	c	Candide mar.	Sag.	29		24	f
xv	d	Longine mar.	Capz.	12	Last quar-	25	g
xvi	e	Boniface bish	Capz.	26	ter the 14. day	26	a
xvii	f	Patricke	Aqua.	8	at bit. of the	27	b
xviii	g	Edward k.	Aqua.	21	clocke in the	28	c
xix	a	Jos. Ma. Hus.	Pisc.	3	euening.	29	d
xx	B	Euthbert.	Pisc.	15		30	e
xxi	c	Benedict.	Pisc.	26	Netwe	31	f
xxii	d	Afrodose.	Arie.	8	moone the 22.	1	g
xxiii	e	Theodore.	Arie.	20	day, halfe an	2	a
xxiiii	f	Buolp. f. st.	Taur.	1	houre past iii.	3	b
xxv	g	Sum of M.	Taur.	13	in the after-	4	c
xxvi	a	Castoz mar.	Taur.	25	noone.	5	d
xxvii	B	Inir. Rex. Caro	Gem.	7		6	e
xxviii	c	Dorothe.	Gem.	19	First quar-	7	f
xxix	d	Quintine.	Canc.	2	ter the 30 day	8	g
xxx	e	Nutrine.	Canc.	15	at bit. in the	9	a
xxxi	f	Ydelme.	Canc.	28	euening.	10	b

Aprill hath dayes. xxx.

The Blood being hot, coole hearbes now ble;
And March his pzeeps not refuse.

1. Day, Sun riseth at 5. and 18. min Sets at 6. and 42.

15. Day, Sun riseth at 4. and 53. min. Sets at 7. and 7.

j	g	Gildard.	Leo.	12		11	c
ij	a	Mary Egypt.	Leo.	26	☉	fulmoone	12
iii	3	De m. 20. 10	Mrg.	10	the vi. day a		13
iiii	c	Ambrose.	Mrg.	25	quarier of an		14
v	d	Vincent.	Libz.	10	houre after xi.		15
vi	e	Sixtus bish	Libz.	25	of the clocke		16
vii	f	Euphemie.	Scor.	10	in the moz-		17
viii	g	Egippus.	Scor.	25	ning.		18
ix	a	Perpetuus	Sag.	10			19
x	3	☉ after day.	Sag.	24	(Last quar-		20
xi	c	S. I. T. u.	Capz.	8	ter 1 st xiii. day		21
xii	d	Julius bish.	Capz.	2	thre quarters		22
xiii	e	Zenon bish	Aquar.	4	of an houre		23
xiiii	f	Olir fe.	Aqua.	17	after 6. of the		24
xv	g	Osuald arch	Pisc.	0	clocke in the		25
xvi	a	Idore bish.	Pisc.	12	morning.		26
xvii	3	☉ 10. 10. 10. 10.	Pisc.	24	Med com in		27
xviii	c	Eluther bish.	Aries.	6			28
xix	d	Alphege bish.	Aries.	17	☉ 1 st 20		29
xx	e	Victor bish.	Aries.	29	moone the xx:		30
xxi	f	Dimoon bish	Taur.	11	day, a littl:		1
xxii	g	Bother birg.	Taur.	23	after 9. of		2
xxiii	a	S. George	Gem.	4	clock in the		3
xxiiii	3	Wilfride.	Gem.	16	morning.		4
xxv	c	☉ after day.	Gem.	28			5
xxvi	d	Elcre bish.	Canc.	11	☉ first quar-		6
xxvii	e	☉ after day.	Canc.	24	ter xxix day at		7
xxviii	f	Victalis mar	Leo.	7	4 of the clocke		8
xxix	g	Peter of mil.	Leo.	21	in the moz-		9
xxx	a	Erkenwald.	Mrg.	5	ning.		10

May hath xxxj. dayes.

Put Sage in drinke; drinke Morn= wood= wine.
the Puslike helpe and rise becom=

1. Day, Sun riseth at 4. and 5 min. Sets at 7. and 35.
15. Day, Sun riseth at 4. and 5. min. Sets. at 7. and 55.

		Virg. 19		11	
i	c	Behanassus	Libz. 4	Moon eclips.	f
ii	d	Inuen Cross.	Libz. 19		g
iii	e	Christopher.	Scor. 4	Ful moone	a
iv	f	Goddard.	Scor. 19	the b. day, a	y
v	g	John port lat	Dag. 3	quarter of an	e
vi	a	Joh Bauerle	Dag. 18	houre past 7. of	d
vii	b	Appa S. M.	Capz. 2	the clocke at	e
viii	c	Tran. Picho	Capz. 16	night.	f
ix	d	Gordian & C.	Capz. 29		g
x	e	Anthontemar	Aqua. 12		a
xi	f	Sol in Gem.	Aqua. 25	(Last Aun-	b
xii	g	Servastus.	Disc. 8	ter the 12. day	c
xiii	a	Boniface.	Disc. 20	at hilt. of the	d
xiv	b	Isaga Hund	Brie. 2	clocke at	e
xv	c	Brandon bish	Bete. 14	night and 23.	f
xvi	d	Trans. Bar.	Brie. 26	will d. goe out.	g
xvii	e	Diaco2 mar.	Taur. 8		a
xviii	f	Alcantienda	Taur. 20	● Helwe	b
xix	g	Barnardine.	Gem. 2	moone the xx.	c
xx	a	Hillen Que.	Gem. 14	day, xii. of the	d
xxi	b	Julia virg.	Gem. 26	clock at night	e
xxii	c	Germanicus	Canc. 8		f
xxiii	d	Tran. of fra	Canc. 21		g
xxiv	e	Adelm2. bish	Leo. 4	First quar-	a
xxv	f	Bede Piteft	Leo. 17	ter the 28. day.	b
xxvi	g	German bish.	Virg. 1	one quarter of	c
xxvii	a	Corone bish.	Virg. 15	an houre past.	d
xxviii	b	Germanicus	Virg. 29	xi. of the clock	e
xxix	c	Petronile.	Libz. 14	fo2 moone.	f
xxx	d	Merius.	Libz. 28		g

Iune hath xxx. dayes.

Let Whiske goe, coole beebes now take;
Sweete drinke, and Venus now forsake.

1. Day, Sunne riseth at 3. and 51. min. sets at 8. and 9.

15. Day, Sunne riseth at 3. and 49. min. sets at 8. and 11.

i	e	Nichom de	Deco.	13	11	a
ii	f	Marcellus.	Deco.	28	12	t
iii	g	Ember week	Aug.	12	13	c
iiii	a	Petrocius.	Aug.	26	14	b
v	B	Trinitie Sund.	Cap.	10	15	e
vi	c	Melone.	Cap.	26	16	t
vii	d	Molstan.	Aqua.	7	7	g
viii	e	Medard & G.	Aqua.	20	18	a
ix	f	Corp Chri.	Pisc.	3	19	b
x	g	Terme beati	Pisc.	16	20	c
xi	a	Barnabe.	Pisc.	28	21	d
xii	B	Sol in Cancer	Arie.	10	22	e
xiii	c	Anthony con.	Arie.	21	23	f
xiiii	d	Basil bish.	Taur.	4	24	g
xv	e	Tit. & M.	Taur.	16	25	a
xvi	f	Tran Rich.	Taur.	28	26	c
xvii	g	Botolph.	Gem.	11	27	c
xviii	a	Croperius.	Gem.	23	28	d
xix	B	Geruasius.	Canc.	5	29	e
xx	c	Tran. Edw.	Canc.	18	30	f
xxi	d	Walbruge.	Leo.	1	1	g
xxii	e	Alban mart.	Leo.	14	2	a
xxiii	f	Judith.	Leo.	27	3	b
xxiiii	g	Joh Bapt	Virg.	11	4	c
xxv	a	Tran Ele.	Virg.	25	5	d
xxvi	B	John & Paul	Libz.	9	6	e
xxvii	c	Crescentius.	Libz.	24	7	f
xxviii	d	Leonis. fast.	Deco.	9	8	g
xxix	e	Sever. & Pro	Deco.	23	9	a
xxx	f	Con of Paul	Aug.	7	10	b

July hath xxxi. dayes.

Eate Sallets fresh to coole the blood,
And bathe in Riuers free from mud

1. Day Sunne riseth at 4. and 0. min. sets at 8. and 0.
15. Day, Sunne riseth at 4. and 20. min. sets at 7. and 40.

g	Da. Jo. Ba.	Dag.	22		11	c
a	Bist. o. Mar.	Cap.	5		12	d
e	Tran of Tho.	Cap.	19		13	e
e	Tran Martin	Aqua.	4	● Full moone	4	f
d	Zoe virgin.	Aqua.	15	the iii day,	15	g
e	O. a. of Per.	Aqua.	28	quarter of a	16	a
f	Thom transf.	Misc.	11	houre after	17	b
g	Oeps of geim	Pisc.	23	of the clock at	18	c
a	Ciril bish	Arte.	6	noone.	19	d
7	Brech mart	Arts.	18		20	e
	Tran of Be.	Taur.	0		21	f
d	Daboze fel.	Taur.	11	(Last quar-	22	g
e	olin Leo.	Taur.	2	the xi. day, at	23	a
f	Renil.	Gem.	7	a clocke in	24	b
g	D Swithin.	Gem.	19	the morning.	25	c
a	Tran of nu	Canc.	1		26	d
e	Renelme kin	Canc.	14		27	e
c	Arnulph	Canc.	27		28	f
d	Dog day beg	Leo.	10		29	g
e	Margaret bi	Leo.	24	● Newe	30	a
f	Praxedo vir.	Virg.	7	moone the 18.	31	b
g	Mary Magd	Virg.	21	day, at one in	1	c
a	Apoline bish.	Libz.	6	the morning.	2	d
e	Christop. val	Libz.	20		3	e
c	James Apst	Scor.	5	● First quar-	4	f
d	Anne M. mo	Scor.	19	ter the 14 day	5	g
e	7. Sleepers	Dag.	4	at ix. of the	6	a
f	Hampsl. bish.	Dag.	18	clock at night	7	b
g	Felix & his fe	Cap.	2	houre past.	8	c
a	Abdon & So	Cap.	15	in	9	d
e	Germane.	Cap.	28		10	e

August hath xxxj. dayes.

Alie Phisicke, and Phlebotomie;
 Et hemo coplo B ches and benetie.

1. Day, Sun riseth at 4. and 33. min sets at 7. and 17. min.
 1. Day, Sun riseth at 5. and 9. min. sets at 6. and 51.

j	e	Lammes day	Aqua.	17		11	f
ii	d	Stephen mar	Aqua.	24	ful moone	12	g
iii	e	Juven Diph	Pisc.	7	the first day	13	a
iiii	f	Justine bish	Pisc.	19	at xi. of the	14	b
v	g	Festum natus	Aries.	1	clock at night	15	c
vi	a	Trans. of Ch.	Aries.	13		16	d
vii		Fest of Iesu.	Aries.	25	(Last quar-	17	
viii	c	Cira. & hofel	Taur.	7	ter the 9. day	18	e
ix	d	Roman mart.	Taur.	10	at x. of the clock	19	f
x	e	Laurence mar	Gem.	2	at night.	20	g
xi	f	Cabart mar.	Gem.	14		21	a
xii	g	Clare Virg.	Gem.	27	● Newe	22	b
xiii	a	S. I. V. & c.	Cane.	9	noone the 17.	23	c
xiiii	b	Celestius.	Cane.	22	day, halfe an	24	d
xv	c	Alamp of M.	Leo.	6	houre after x.	25	e
xvi	d	Bochi mar.	Leo.	19	of the clock in	26	f
xvii	e	Ota Lauren.	Virg.	3	the morning.	27	g
xviii	f	Agapite mar.	Virg.	17		28	a
xix	g	Magnus mar	Libz.	1	first quar-	29	b
xx	a	Lewes bish.	Libz.	16	ter the 14. day	30	c
xxi	b	Barnard.	Scor.	3	halfe an houre	31	d
xxii	c	Prinatus.	Scor.	15	after 3. of the		e
xxiii	d	Emoch	Sag.	0	clock in the		f
xxiv	e	B. Ch. & c.	Sag.	14	morning.		g
xxv	f	Lewes kin.	Sag.	28			a
xxvi	g	Seuerine	Capz.	12	● ful moone		b
xxvii	a	Rossinus mar	Capz.	25	the xxxi. day.		c
xxviii	b	Augustin bish	Aqua.	8	a quarter of		d
xxix	c	Wag day no	Aqua.	21	an houre after		e
xxx	d	Felix & Andz	Pisc.	3	xi of the clock		f
xxxi	e	Cuthburg bish	Pisc.	16	at noone.		g

September hath xxx. dayes.

How drinke Goa ea milke, on ripe fruites feede;
If need requite Parge. Barre and Bleede.

1. Day Sun riseth at 5. and 41 min sets at 6. and 18.
15. Day Sun riseth at 6. and 3. min sets at 5. and 57.

f	Eples Abbot	Pisc.	28	11	b
g	Thomp mar	Aries.	10	12	c
a	Wdm. Greg.	Aries.	22	13	d
25	Sean of Cat.	Taur.	3	14	e
c	Germe the	Taur.	15	15	f
d	Eugenius.	Taur.	27	16	g
e	St Elizab.	Gem.	9	17	a
f	Barth Mar	Gem.	21	18	b
g	Gorgon. mar	Canc.	4	19	c
a	Silvius bish	Canc.	17	20	d
25	Proth & Jas.	Leo.	0	21	e
c	Martian.	Leo.	14	22	f
d	Sol in Libra.	Leo.	27	23	g
e	Da. of Mary	Virg.	11	24	a
f	Emb. weathe	Virg.	26	25	b
g	Lambert.	Libz.	10	26	c
a	Victor & Cor.	Libz.	25	27	d
25	January mar	Scorp.	10	28	e
c	Eusebe. pap	Scorp.	25	29	f
d	Walter of	Sag.	10	30	g
e	Mauricius.	Sag.	24	1	a
f	Tecla virg.	Cap.	8	2	b
g	Andoch mar.	Cap.	22	3	c
a	Germin bish.	Aqua.	5	4	d
25	Cypri & Just.	Aqu.	18	5	e
c	Colm. & Wain	Pisc.	1	6	f
d	Creuper.	Pisc.	13	7	g
e	John. the	Arie.	25	8	a
f	Jerom. Priest	Arie.	7	9	b
g		Tri.	19	10	c

(Last quar-

ter & bitt day,

one qu-rtter

of an houre

after 5. of the

clock in the

afternoone.

● Setwe

moone the 11

day 3 quarters

of an houer at-

ter 11. of the

clock at night.

First quar-

ter the 22. day

at 11. of the

clock in the

morning & a

quarrrer past.

● Full moone.

the xxx day a

quarter of an

houre after

of the clock in

the morning

October hath xxxi. dayes.

Strong wines, hot Bathes, and Spice that's good
Preserues our health Purge and let blood.

1. Day, Sunne riseth at 6. and 16. min. sets at 5. and 34.

15. Day, Sunne riseth at 7. and 0. min. sets at 5. and 0.

i	a	Remigius	Taur.	0	11	d
ii	B	Abegar ma	Taur.	12	12	e
iii	c	Candide mar.	Taur.	14	13	f
iiii	d	Francis	Gem.	6	14	g
v	e	Apollinarij.	Gem.	18	15	h
vi	f	Fath birg.	Taur.	0	16	i
vii	g	Warc Mar.	Taur.	12	17	j
viii	a	Delagi s.	Taur.	25	18	k
ix	B	Dionis.	Leo.	8	19	l
x	c	Terme begin	Leo.	32	20	m
xi	d	Nicholas.	Virg.	6	21	n
xii	e	Elfride.	Virg.	20	22	o
xiii	f	Trans Edwa	Libz.	4	23	p
xiiii	g	Solin Scopic.	Libz.	19	24	q
xv	a	Wolfran.	Scor.	4	25	r
xvi	B	Nichael mo.	Scor.	19	26	s
xvii	c	Caerhfall	Dag.	4	27	t
xviii	d	Luke Guang	Dag.	19	28	u
xix	e	Idel.	Capz.	3	29	v
xx	f	Austrebert.	Capz.	17	30	w
xxi	g	1100. Wrgin	Squa.	1	31	x
xxii	a	Mary Dolo n	Squ.	14	1	y
xxiii	B	Romanus arc	Squ.	27	2	z
xxiiii	c	Maglori bish	Disc.	10	3	a
xxv	d	Erisc Christp	Disc.	22	4	b
xxvi	e	Sal at B. fri	Arie.	4	5	c
xxvii	f	Gloren A	Arie.	16	6	d
xxviii	g	Simons Ju.	Arie.	28	7	e
xxix	a	Patricius.	Taur.	10	8	f
xxx	B	Sermanc.	Taur.	21	9	g
xxxi	c	Quirine	Gem.	3	10	h

November hath xxx. dayes.

from cold preserve thy head and feet;
 Abstaine from Wine that's new and sweete.

1. Day, Sunne riseth at 7. and 34. min. sets at 4. and 26.
 15. Day, Sunne riseth at 7. and 55. min. sets at 4. and 5.

1	d	All Saints.	Gem. 15	11	g
2	e	All Soules.	Gem. 27	12	a
3	f	Almifrine.	Canc. 9	13	b
4	g	Amantius.	Canc. 21	14	c
5	a	Boimder treas.	Leo. 4	15	d
6	b	Leonard.	Leo. 17	16	e
7	c	Liborde.	Mrg. 0	17	f
8	d	1. Crowned.	Mrg. 14	18	g
9	e	Theodore.	Mrg. 28	19	a
10	f	Martine.	Libz. 13	20	b
11	g	Martin. bish.	Libz. 28	21	c
12	a	Sol in Sagitar.	Scor. 13	22	d
13	b	Brice.	Scor. 28	23	e
14	c	Trans. of Crk.	Sag. 12	24	f
15	d	Macure.	Sag. 27	25	g
16	e	Edward arc.	Capz. 12	26	a
17	f	S. Hugh.	Capz. 26	27	b
18	g	St Martin.	Aqua. 9	28	c
19	a	Elizabeth m.	Aqua. 23	29	d
20	b	Edmond k.	Pisc. 6	30	e
21	c	Present of M.	Pisc. 19	1	f
22	d	Ciccele bing.	Prie. 1	2	g
23	e	Clement.	Prie. 13	3	a
24	f	Grifogon.	Prie. 25	4	b
25	g	Katherine.	Taur. 7	5	c
26	a	Linus bish.	Taur. 19	6	d
27	b	Aduent sund.	Gem. 1	7	e
28	c	Terme ends.	Gem. 12	8	f
29	d	Saturnus.	Gem. 24	9	g
30	e	Indyew Ipe.	Canc. 6	10	a

(Last quar=
 ter the vi day
 a quarter of
 an houre after
 x. of the clock
 at nigh.

● Betwe
 moone the 13.
 day, a quarter
 of an houre
 past 3. of the
 clock in the
 aftermoone.

● First quar=
 ter the xx. day
 three quarter
 of an houre
 after one of h
 clocke after=
 noone.

● Moone eclips
 ● Full moone
 the 28. at vi. of
 the clock in
 the afternoon.

December hath xxxj. dayes.

Use meates that's warme, hot Spice and Wine;
 Inuite the Doore to Sup and Wine

1. Day, Sun rieth at 8. and 10. min. sets at 3. and 50.

15. Day, Sun riseth at 8. and 13. min. sets at 3. and 47.

i	f	Elegt bish.	Canc.	18		11	b
ii	g	Libanus ma.	Leo.	1		12	c
iii	a	Depa. of Pl.	Leo.	12		3	d
iiii	b	Barbara vir	Leo.	16	(Last quar-	14	e
v	c	Sabbe abbot	Virg.	10	ter the vi. day	15	f
vi	d	Nicolas bish.	Virg.	23	at 10. of the	16	g
vii	e	Oct of Andz.	Libz.	8	clock in the	17	a
viii	f	Conc of Ma.	Libz.	22	morning.	18	b
ix	g	Ciprian abbo	Scor.	7		19	c
x	a	Eulalie vir	Scor.	22		20	d
xi	b	Damase bish	Dag.	6	☉ Petre	21	e
xii	c	S. in Capric	Dag.	21	moone the 13.	22	f
xiii	d	Lucie virgin.	Capz.	6	day, a little	23	g
xiiii	e	Deholp virg	Capz.	20	after, two of	24	a
xv	f	Valeri bish.	Aqua.	4	the clock in	25	b
xvi	g	Abbot Euseb.	Aqua.	17	the morning.	26	c
xvii	a	Lazarus bish.	Disc.	1		27	d
xviii	b	Gratian bish.	Disc.	14		28	e
xix	c	Meretia vir.	Disc.	27	☾ First quat	29	f
xx	d	Julian fast	Bries	9	ter the xx. day	3	g
xxi	e	Thomas Bon	Bries	21	3. quarters of	21	a
xxii	f	30. Martyres	Taur.	3	an houre after	1	b
xxiii	g	Victoria vir.	Taur.	15	vi in the moz-	2	c
xxiiii	a	Candid fast	Tau.	27	ning.	3	d
xxv	b	First n day	Gem.	6		4	e
xxvi	c	S. Stephen.	Gem.	27	☉ Full moone	5	f
xxvii	d	J. h. Quang	Canc.	3	the xxviii. day	6	g
xxviii	e	Innocentz.	Canc.	15	a quarter of	7	a
xxix	f		Canc.	28	an houre past	8	b
xxx	g	James. tranf.	Leo.	10	xi. of the	9	c
xxxi	a	Siluester bi.	Leo.	23	clock at noon.	10	d

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A Prognostication for
this yeare of our Lord God,
1631.

Being the third after the *Bissextile*, or
Leape-yeare.

VVherein is conteyned the state
of the whole Yeare; the disposition of
each Quarter; and the inclinati-
on of the Weather for euery Quar-
ter of the Moone through-
out the whole Yeare.

With the rising and setting of the Planets,
Husbandry Aduertisements, and other
things fit to bee knowne, both plea-
sant and profitable.

Also, at the end of the Booke, is the whole
Almanacke, conteyned in one Lease, for this
Yeare 1631. which being cut out, is fit to be
placed into a Table-Booke, Booke
of Accompt, or other.

By *Iohn White*, Well-willer to the *Mathematicks*.

LONDON,
Printed for the Company of Stationers.

1631.

A briefe and necessarie Computation of the
time compleate within this present yeare, 1631.

Since the Creation of the World to this yeare	5662
Since the Flood	3106
Since the birth of Abraham	3653
Since the destruction of Sodom	3554
Since the Israelites departed out of Egypt	3149
Since the destruction of the Citie of Troy	2815
Since London was built	2739
Since Yorke was built	2597
Since the building of Rome	2382
Since the last destruction of Ierusalem	2548
Since England first received the Christian Fayth	1451
Since Egberdus the first Monarch in England	829
Since the Conquest of England by Duke William	569
Since S. Pauls Church in London was built	545
Since London-bridge was built with stone	455
Since the Invention of Gunnes	251
Since the Science of Printing was invented	171
Since King Henry the 8. conquered Bulloigne	86
Since the infectious Sweating sicknes, in Edward 6.	80
Since the burning of Pauls Steele	70
Since the Royall Exchange was built	66
Since the Earles rebellion in the North	61
Since the blasing Starre, and Harpe Winter	59
Since the Massacre in France	59
Since the whole Heavens seemed to burne with fire	57
Since the former great Frost	67
Since the former deepe Snow	53
Since the generall Earthquake	51
Since the Campe at Tilbury in Essex	41
Since the greate Plague in London	21
Since the Gunpowder Treason	26
Since the great Frost	23
Since the last deepe Snow	16
Since the last Blasing Starre	11
Since his Majesties returne from Spaine	8
Since K. James Coronation in Scotland July 25	64
Since his coming to London May 17	21
Since his Majesties proclaiming	1

*A brieve Declaration of the
Disposition of the foure Quar-
ters of this Yeare.*

And first of Winter.

*The Winter Quarter best doth prophenate
To all Degrees, and Sexes, their estate.*

Sol in Capricorne, Aquarius, Pisces.

The Winter (and first Astronomical Quarter) doth
take beginning when the Sunne doth enter into the
first degree of the Hiemall or earthly Signe Capri-
corne, which was the last yeere 1630. vpon Sunday,
being the xi. day of December; and doth continue till Thursday
being the x. day of March this present yeere 1631. In which
space of time the Sunne maketh his progression through these
three Winterly Signes, Capricorne, Aquarius, and Pisces.

The naturall condition and qualitie of this Quarter, is to
be cold and moist (being contrary to the Summer) which cold
and moist Element is of the Phlegmaticke Complexion, and
hath chiefe predomination in the bodie of all sensible Crea-
tures. Now doth the Sea-rake Mariners endure many a
storme on the raging Ocean; the Windes are high and strong,
raising the billows of the Sea to swell and some: The floods
are very high, the Ayre is cold and piercing, the Dayes are short,
the Nights long, and the vigour and strength of euery Crea-
ture decayeth. The poares of the earth are now enclosed and
shut up by the extreme coldness of the Ayre: Fowles get them-
selues to the warmest Regions, Beasts seeke for a shelter, Serpents
hide them to their dens, and the Fishes get into the deepest
of the Waters for their warmth and comfort: For whatloueuer
the cheerefull Spring and comfortable Summer did produce
and nourish, this Quarter doth destroy and vanish. The more
cold and drie the Winter is, most wholesome for Man & Beast:

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yet too much cold killeth Plants and Trees in a cold Climate. A moyst and warme Winter is an enemy to Nature, but a friend to Husbandry, and indifferent to the Showe of rankes the Earth, and preserueith Corne. Now for the preservation of our healths, it is fit that we should vse such Meates whose operation are of a hote and drye qualitie, expelling the colde and unwholesome ayre with good Fries, warme Broathes, comfortable Drinckes, and strong Wines: And be carefull to keepe the Head and Feete from colde and wet: But yet can the body digest more grosse and strong Meates then in Summer, by reason that naturall heate is diuyn (by the coldnesse of the ayre) into the inward parts of the body, to comfort the vitall Spirits, and to helpe digestion.

The Diseases commonly attending this Quarter, are these (or the like) as Pallies, Coughes, Poles, Colicues, Sore Eyes, Rheumes, Crampes, Tooth-ach, Cathars, Staticues, Fluxes, &c.

The Second part of the Yeare called the Spring.

*The Spring compared is to Infancy,
To spring and grow in Vertue till we dye.*

Solin Aries, Taurus, Gemini.

The cheerefull and comfortable Spring beginneth when the bright eye of Heauen entrench into the first degree of the Vernall and first Equinoctiall Signe Aries, which is on Thursday being the x. day of March, and doth continue till Saturday being the xi. day of June; in which time the Sun passeth through these three Signes, Aries, Taurus, Gemini.

The vsuall and naturall condition of this Quarter, is to be hote and moyst, participating of the Sanguine Complexion. Now are the dayes and nights of an equall length, and the splendour of the Sunne seemes to smile upon the face of the new recovered Earth, causing it to produce all kinde of vertues to our Sences. This of all the Quarters of the yeare, is the most pleasant and wholesome, it being the most conuenient

time to remove Diseases of a long continuance, and to prevent those which are like to ensue. Now has the Birds of the ayre couple and breed, Beasts of the Earth increase, and the Fishes of the Waters doe multiply in abundance, forsaking the deepe to live in more shyllow places: And now the Earth bringeth forth all sorts of Flowers, Herbes, Fruits and Plants, for the needfull use of Man and Beast. The Spring over-wet increaseth Mouldes, causing Fruits to be scarce and rotten: It is fitting for the preservation of our healths, that wee now use such Herbes as are of a colde and drie qualitie: and let your Drinckes bee more coole and small then in Winter: It is now a fit time to Purge, Bathe, Bleede, and Sweat, if need require.

The usuall Sickneses of this Quarter, are Small-poxes, Spasms, Scabs, Pustles in the face, Agues, Kings evil, &c.

Of the third part of the Yeare, called Summer.

*Like Man in his chiefe state and lusty yeares,
The ripening Summer Quarter best appears.*

Sol in Cancer, Leo, Virgo.

Summer Quarter beghineth when the ripening Sun entereth into the first and highest degree of the Northern Tropique Cancer, which is upon Sunday being the xi. day of June, and sooth continue till Tuesday, being the xiii. day of September, in which time hee marketh his progression through these three Solliciall Signes, Cancer, Leo, Virgo.

This Quarter of his proper nature is hote and dry, participating of the Cholericke Complexion. Now is the Sunne at the highest, causing the dayes to be at the longest, and the nights at the shortest. Heat is now at the highest, floods at the lowest, Seas the most quietest, and the Winds most calmes: And now the fruitful Earth cloathed in her richest embroidery, imparting of her store to all sensible Creatures for their use and comfort: Flowers are in their beautie, and Fruits in their delicacy;

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cle: and the painefull Bees gathereth their Honey for their future sustenance: Now naturall heate is dispersed abroad into the outward parts of the Body, and Man is not so hot within as in Winter, neither can hee digest such grosse and strong Meates, as then; yet the most small and coole Drinks are most convenient for our healths, and litte store of Meates doeth best suffice Nature, and those which are boyled are most wholesome, and vse such things as are of a cold and moist qualitie: An over-wet Summer rotteth Fruite, and destroyeth Corne.

The ordinary Infirmities of this Quarter, are Fevers, Deafnesse, Jaundies, Agues, paine in the Head and Wille, &c.

Of the fourth part of the Yeere, called Autumne or Haruest.

*As Autumne steales the sappe from Tree and Flower,
So Death comes creeping neerer every houre.*

Sol in Libra, Scorpio, Sagitari.

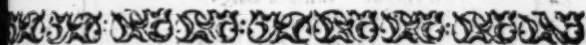
Autumne, commonly called the Fall of the Leaf, doth begin on Tuesday the xiii. of September, when the Sunne doth enter into the first degree of the second Equinoctial Signe Libra, and doeth continue till Sunday being the xi. day of December: in which time the Sun passeth through these three Autumnall Signes, Libra, Scorpio, Sagitari.

The usual qualitie of this Quarter is to be cold and drie, taking the greatest part of the Melancholy Complexion. The dayes are now againe equally ballanced with the nights; the Grasse is mowed, Corne reaped, Fruites gathered, and the painefull Husband-man reapeth the profite of his compassed labours: Now doeth the Earth lose the beautie of her former glorie, Flowers fade, Leaves doe fall, Floods increaseth, and all Creatures loseth their former strength and vigour, and the most part of sensible Creatures seek for shelter against the stormie ensuing Winter: Of all other Quarters of the yeare this is the most unwholesome, breeding diseases

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doctors kinds in our bodies: therefore beware of the morning
and evening cold, and use such things as are hot and moist
quality: It is now a time (if need require) to Purge, Bath, and
Sweat: An Autumn is one wet putrifieth Grapes, making bad
Meats, and scarcity of Fruite.

The Sickneses commonly attending this Quarter are many,
scorfe, or the like, the Stone, paine in the Backe and Hips,
the Eyes, Melancholy, Falling Sickness, Agues, Fluxes of
Blood, Fistulours, Splene, Emwoods, &c.



The Rising and Setting of the Pla-
nets, with the disposition of the Weather,
for every Quarter of the Moone for
this Yeare, 1631.

January.

Saturne is past the South at Sunset.

Jupiter is neere the South at Sunne rising.

Mars. ♀ Venus go to bed tog.ther a little after Sunset.

Mercuri is in the West after Sunset.

Full Moone on Saturday the viii. day, at liii. of the clocke in
the morning, fayre weather.

Last Quarter on Friday the xiiii. day, 13. minutes after ten
of the clocke: at night, windie.

New Moone on Saturday the xvi. day, 7. min. after 11. of
the clocke in the morning, windie.

First Quarter on Sunday the xxi. day, 27. min. after 11. of
the clocke in the morning, frost.

February.

Saturne is South at Sunne setting.

Jupiter and ♀ Mercuri both rise before the Sunne.

Mars setteth a little after the Sunne.

Venus forsaketh Mars, and becometh with Sol.

A Prognostication.

Full Moone on Sunday the vi. day, 44. min. after iii. of the clocke in the afternoone, faire.

Last Quarter on Sunday the xiii. day, 44. min. after vi. of the clocke in the morning faire.

New Moone on Wednesday the xxi. day, 9. min. after 3 of the clocke at night, wette.

March.

♄ Saturne is south east at ☀ sunne setting.

♃ Jupiter setteth with the Sunne.

♂ Mars and ♀ Mercuri are in the West at Sun set.

♀ Venus is our Morning-Star a little before the Sunne.

First Quarter on Tuesday the first day, 4. min. past ii. of the clocke in the morning, great winds.

Full Moone on Tuesday the viii. day, 38. min. after one of the clocke in the morning, windy.

Last Quarter on Monday the xiiii. day, at v. of the clocke in the evening, fayre.

New Moone on Tuesday the xxi. day 40. min. past ii. of the clocke in the after noone, fayre.

First Quarter on Wednesday the xxv. day, at five of the clocke in the Evening, wet.

Aprill.

♄ Saturne riseth when the Sunne setteth.

♃ Jupiter, ♂ Mars, and ♀ Mercuri keepe company together in the West after Sunne set.

♀ Venus is still our bright Morning-Starre.

Full Moone on Thursday the vi. day, 10. min. after ix. of the clocke in the morning, windy and wet.

Last Quarter on Wednesday the xiii. day, 8. min. after v. of the clocke in the morning, windy.

New Moone on Thursday the xxi. day, halfe an hower after nine of the clocke in the Morning, frost.

First Quarter on Saturday the xxv. day, 3. of the clocke in the morning, indifferent.

May

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May.

♄ Saturne riseth a little after Sunne set.

♃ Iupiter and ♂ Mars are Southwest at Sun set.

♀ Venus and ☿ Mercuri riseth before the Sunne.

Full Moone on Thursday the v. day, 16. min. after v. of the clocke at night, wet.

Last Quarter on Thursday the xii. day, at viii. of the clocke at night, coole blasts.

New Moone on Friday the xx. day, 38. min. after xi. of the clocke at night, indifferent.

First Quarter on Friday the xxvii. day, 39. min. past xi. of the clocke at noon, close weather.

June.

♄ Saturne is Southwest at Sunne rising.

♃ Iupiter is a little past the South at Sunne set.

♂ Mars is Southwest at Sun set.

♀ Venus and ☿ Mercuri are in the East before the Sunne.

Full Moone on Saturday the iiii. day, halfe an hower after ii. of the clocke in the morning, fayre.

Last Quarter on Saturday the xi. day, at xii. of the clocke at noone, wet.

New Moone on Sunday the xix. day, halfe an hower past one of the clocke in the after noone, windy and wet.

First Quarter on Sunday the xxvi. day, 44 min. past vi. of the clocke at night, indifferent.

Julie.

♄ Saturne is South at Sunne rising.

♃ Iupiter is neere the South at Sun set.

♂ Mars and ☿ Mercuri are West at Sun set.

♀ Venus shineth bright in the East before the Sunne.

Full Moone on Sunday the iii. day, 23. min. after one of the clocke at noone, fayre.

Last Quarter on Monday the xi. day, seven min. after iiii. of the clocke in the morning, fayre.

New Moone on Monday the xviii. day, 24. min. past xii. of the clocke at midnight, wet.

First

A Prognostication.

First Quarter on Sunday the xxii. day, 4. min. after vii. of the clocke at night, windy.

August.

♄ Saturne is toward the South at Sunne rising.

♃ Jupiter is South-east at Sunne set.

♂ Mars is South-west at Sunne set.

♀ Venus sheweth bright in the East before the Sun.

☿ Mercuri sets wth the Sunne.

Full Moone on Monday the first day, 52. min. after ix. of the clocke at night, coole blasts.

Last Quarter on Tuesday the ix. day, 33. min. after x. of the clocke at night, fayre.

New Moone on Wednesday the xvi. day, 35. min. after x. of the clocke at night, fayre.

First Quarter on Wednesday the xxiii. day, 20. min. after one of the clocke in the morning, fayre.

Full Moone on Thursday the xxxi. day, 13. min. after xi. of the clocke at noone, wet.

September.

♄ Saturne and fayre ♀ Venus are together South-east before the Sunne.

♃ Jupiter sheweth gloriousl^y in the East at Sunne set.

♂ Mars is past the South at Sunne set.

☿ Mercuri riseth a little before the Sun.

Last Quarter on Thursday the viii. day, 48. min. past vii. of the clocke in the after afternoon, windy.

New Moone on Thursday the xv. day, 50. min. past vii. of the clocke at at night, fayre.

First Quarter on Friday the xxiii. day, at ix. of the clocke in the morning, windy.

Full Moone on Friday the xxx. day, 8. min. after iii. of the clocke in the morning, faire.

October.

♄ Saturne, and ☿ Mercury riseth a little before the Sun.

♃ Jupiter is in the West at Sunne rising.

♂ Mars is South at Sunne set.

♀ Venus is our bright Morning-star.

White. 1631.

Last Quarter on Sacerday the viii. day, 54. min. after vii. of the clocke in the morning, wet.

New Moone on Saterday the xii. day, 57. min. after v. of the clocke in the morning, windy and wet.

First Quarter on Friday the xxi. day, 32. min. after ix. of the clocke at night, frost.

Full Moone on Saterday the xxix. day, 6. min. after ix. of the clocke at night, fayre.

Nouember.

♄ Saturne and ♀ Mercuri sets a little after the Sun.

♃ Jupiter is Southwest at Sunne rising.

♂ Mars looketh fiery red neere the South at Sun set.

♀ Venus riseth before the Sunne.

Last Quarter on Sunday the vi. day, 12. min. after ix. of the clocke at night, fayre.

New Moone on Sunday the xiii. day, halfe an hower after two of the clocke afternoone, wet.

First Quarter on Sunday the xx. day, 46. min. after xii. of the clocke at noone, wet.

Full Moone on Tewesday the xxix. day, 42. min. past xii. of the clocke afternoone, windy.

December.

♄ Saturne and ♀ Venus are in the West at Sunne setting.

♃ Jupiter is South at Sun rising.

♂ Mars is Southeast Sunne set.

♀ Mercuri setteth with the Sunne.

Last Quarter on Tewesday the vi. day, 10. min. after ix. of the clocke in the morning, frost.

New Moone on Monday the xii. day, 24. min. after mid. night, faire.

First Quarter on Tewesday the xx. day, 20. min. past vi. of the clocke in the morning, fayre.

Full Moone on Wednesday the xxviii. day 20. min. after xi. of the clocke at noone, cloudy.

Of

A Prognostication.



Of two Ecclipses of the Moone, that happeneth this yeere 1631.

The first Eclipse of the Moone doth happen vpon Thursday the 5. of May; And is to bee seene (if cloudes hinder not) of vs the Inhabitants of Great Brittain, Ireland, and other parts of Europe. The time that shee first becometh to lose her borrowed light, is at five of the clocke and 30. minutes: The middle at 7. and 14. minutes: And the end at 12. of the clocke and thre minutes, and then shee recouereth her light againe.

The second Eclipse of the Moone is vpon Tuesday, the xxix. of October. The beginning will be 52. minutes after 8. of the clocke at night: The middle at 11. of the clocke: And the end at one and 9. minutes after midnight. This Eclipse will likewise be seene vnto vs, if the clouds hinder not.

The Times of Mariage prohibited by our Church.

From Advent Sunday (being the 27. of November 1630)
till 8. dayes after Twelue day, being the 13. of January.
From Septuagesima Sunday (being the vi. day of February)
till Low Sunday, being the 17 day of Aprill.
From Monday before the Ascention (being the 16. of May) till
Trinitie Sunday, being the fift day of Iune.

The

The beginning, continuance, and ending
of the Kings raignes since the Conquest
with the time how long it is since, to this
Yeare, 1631.

The Kings names	Began his raigne.	Raigned yeers.mon.daies	Since their Raigne
Wil. Conq.	1066 Octob. 14	20 . 11 . 22	564 Octob. 14
Wil. Rufus	1087 Septem. 9	12 . 11 . 19	544 Septem. 9
Henry 1	1100 August. 1	35 . 4 . 11	531 August. 1
Stephen	1135 Decem. 2	18 . 11 . 19	496 Decemb. 2
Henry 2	1154 Octo. 25	34 . 9 . 2	477 Octob. 25
Richard 1	1189 Iuly 6	9 . 9 . 22	442 Iuly. 6
John	1199 April. 6	17 . 7 . 0	432 April. 6
Henry 3	1216 Octob. 19	56 . 1 . 0	415 Octob. 19
Edward 1	1272 Nouē. 16	34 . 8 . 9	361 Nouem. 16
Edward 2	1307 Iuly 7	19 . 7 . 6	324 Iuly 7
Edward 3	1326 Ianua. 25	50 . 5 . 7	305 Ianuary 25
Richard 2	1377 Iune 21	22 . 3 . 16	254 Iune 21
Henry 4	1399 Septe. 29	13 . 6 . 5	232 Septem. 29
Henry 5	1412 March 20	9 . 5 . 24	219 March 20
Henry 6	1422 August. 31	38 . 6 . 18	209 August. 31
Edward 4	1460 March 4	12 . 1 . 8	171 March. 4
Edward 5	1483 April 9	0 . 2 . 18	148 April 9
Richard 3	1483 Iune. 22	2 . 2 . 5	148 Iune. 22
Henry 7	1485 August. 22	23 . 8 . 19	146 August 22
Henry 8	1509 April. 22	27 . 10 . 1	122 April. 22
Edward 6	1546 Ianua. 28	6 . 5 . 19	85 Ianuary 28
Mary	1553 Iuly 6	5 . 4 . 22	78 Iuly 6
Elizabeth.	1558 Nouē. 17	44 . 4 . 15	73 Nouem. 17
J. James.	1602 March. 24	22 . 0 . 3	29 March. 24
K. Charles. 1635 March 27 after which, wanting 7 yeares.			

A Prognostication.

The explanation of the former Table.

NOte that every King began his raigne, the same time that the next precedent King ended his.

If you desire to know how long it is since the beginning of the raigne of any King, looke how long it is since the ending of the precedent King, and there you shall finde your request.

As for example: If you would know when King Henry the 8 began his raigne, how long he raigned, and also how long it is since his raigne: find out first his name amongst the names of the Kings, and searching the row towards the right hand, you shall finde he began his raigne in the yeare 1509 the 22 of Aprill, and under the title of the time that he raigned, is 37 yeares, 10 months, and 1 day: And looking forward in the same row, where is 122 yeares, Aprill 22 under the title of since their raigne, and so long it is since he dyed.

How to iudge what Weather will follow,
by the rising and setting of the Sunne.

The Sunne rising bright and cleare, signifieth a pleasant day: If he rise fiery red, it promisseth raine: If in his rising he be thinly overcast with a cloud, it betokeneth foule weather: If the Sun drive the clouds before him into the West, it signifieth faire weather: If at his rising there appeare a circle about him, & vanisheth away equally, it betokeneth faire weather. Also, if he setteth red, it signifieth faire weather: If at his setting he be of diuers colours, or clouds like water, it threatneth raine. If at the rising of the Sun, his beames seeme red, or long, or incompassed with red clouds, it signifieth great windes: If at his setting there appeare a thicke myst, or if it raineth in the evening, it threatneth very foule weather to follow. Also, if the Sunne beames be spotted eyther greene, pale, or blacke, gathered to a cloud, it signifieth raine. The Sun setting cleare without any cloud, signifieth a faire night to ensue. If the circle, or circles about the Sun be cleare, & of no continuance, looke for faire weather: If there be many circles, it signifieth windes: the redder they are, the more vehement winds. If the circles are heere and there broken, and are thicke and blacke, looke for cold wind or snow: Or, if he settle behinde a great black cloud, raine followeth.

How

How weather is foreknowne by the Moone.

If the Moone in the third Day of her change, or thier 3 daies before her full, or in the midst of the quarter, be found of pure light, nothing encompassing her, the ends direct vp, shee promiseeth fayre weather: but bent to red color, prometh winds. The Moone pale, or somewhat blacke or thicke, thrauneth raine. When the Moone is five dayes olde, marke the tips of her hornes, if they be blunt, it signifieth raine: if sharpe peyned and pricking vpwars, great winds. If in the fourth day after her change, she haue a red circle about her, it signifieth winds and raine.

Of the iudgement of the weather by the Stars.

If the Starres appeare of much light and seeme to be of more brightnesse & blazing then ordinary, it betokeneth great windes & moisture in that part where they seeme to: and in Winter, great frostes. When diuine Starres appeare with long fiery tayles, it sheweth windes, and great drought: the more in number, the greater will be the effect. Also, when Starres seeme to shoot, or fall, it signifieth great winds in that place: If they seeme to shoot in diuers places, it signifieth diuers winds: If in all places, winds, thunder, lightning, and most tempestuous weather.

A short Instruction, and very necessarie to know the times and seasons when to Sow, and replant all maner of Seedes for the Garden.

Sow Cabbages in February, March, or Aprill, in the wane of the Moone: and replant them in the Decrease.

Sow Cabbag. Lettuce in February, March, or Iuly, in the wane of the Moone.

Sow Duions and Leekes, in February or March, at the wane of the Moone.

Sow Beetes in February or March, at a full Moone.

Sow

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Sow Coleworts white & greene, in the middle of August or September: Plant the young ones in October, and sett them again in November.

Sow Parsneps in February, Aprill, or June, in a fayre day.

Sow Radish in February, Aprill, or June, in the increase of the Moone.

Sow Pumpions, Cucumberes, Melons, and Gourdes, in February, March, or June, in a hotte and fayre day.

Sow Spinage in February or March, in the old of the Moone.

Sow Parsely, Fennell, and Annis seedes, in February or March at the full of the Moone.

Sow white Cicory in February, March, Iuly, or August, in a full Moone.

Sow Cardus-benedictus in February, March, or May, when the Moone is old.

Sow Basil in March, in an old Moone.

Sow Parselaine in February, or March, in the increase of the moone.

Sow Margerum, Violets, Time, Flower-gentle, Rosemary, & Lauender, in February, March, or Aprill, at the increase of the Moone.

Sow Garden-cresses, and Rocket, in February, at the increase.

Sow Sauill in February or March, at a new Moone.

Sow Coptander, and Boyage, in February or March, at the Moones increase.

Sowe Harts-horne, and Samphire, in February, March, or Aprill, at an old Moone.

Sow Gilliflowers, Hearts-ease, and Wall-flowers, in March or Aprill, in an old Moone.

Sow Cardus, and Artichokes, in March or Aprill, when the Moone is old.

Sow Chick-weed, in February or March, at the full of the Moone.

Sow Burnet in February or March, at an old Moone.

Sow Hysop and Sauerie in March, when the Moone is old.

Sow double Marigolds in February or March, at the increase of the Moone.

Sow Larkes-foote, Sparges, and Sperage, in February, in an old Moone.

Sow

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Sow White Poppy, and Palma Christi in February or March, at the increase of the Moone.

Sow all manner of Corne the Moone increasing, the being in Cancer, Libra, or Aquarius.

Sow or sow all kind of Seeds the Moone in Aries, Taurus, Cancer, Virgo, Libra, Capricorne, Aquarius, or Pisces: but those Seedes whose Rootes are round, should be sowne three or fower dayes before, or after the full Moone.

Certaine and short Rules, for the comforting of the chiefe officiall Members of the Body of Man.

Things which are good to comfort the Head.

Lignum-Aloes, Mariorum, Galingale, Muske, Rosemary, Roles, Cammomeil, Rue, Frankinsence, Nutmegs, Hylop, Balme, Mints, Spike, and Claden.

Things good for the Eyes.

Fennell, Cereus, Cloves, Cold water, Seledina, Eybright, Rqles, and Agrimony.

Things good for the Stomacke.

Nutmegs, Cloves, Oliganum, Corall, Saffron, Quinces, Clove-wood, Olibanum, Agrimony, Funetory, Marliche, Lignum-Aloes, Spodium, and Coriander prepared.

Things good for the Heart.

Saffron, Cloves, Sinamon, Mace, Nutmegs, Mariorum, Burrage, Buglosse, Rosemary, Mirabolanes, Pearles, Lignum-Aloes, Corall, Muske, and Setwell.

Things good for the Liver.

Liverwort, green Ravens. Clove-wood, Agrimony, Saffron, Cloves, Seidize, Violets, Fennell, Plantaine, Dragons, Role-water, Lettuce, Violets, Sanders.

Things good for the Lungs.

Uloxe, Raisins, Almonds, Dates, Lungwort, Maydenhaire, Lungwort, Chicopane, Distaces, and Penckles.

E

Things

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Things hurtfull for the Body.

Meates hurtfull to the Teeth.

Nettes, Meates very hot, warme drinke, Sweete meates and drinckes, Radish rootes, Hard meates, Bitter meates, Whilke, much Cloomiting, Leekes, Fatte of Fish, Colworts, & Lemmons.

Things hurtfull to the Eyes.

Garlicks, Onions, Radish, Dunkelmesse, Letherie, Sweete and thicke wines, Salt meates, Coleworts, all Pulles, Must, Alline, Dutt, Smonke, Fire, and reading presently after supper.

Rules of Mensuration.

A Fingers breadth is foure Barly comes in thickness; and an Inch thre Barly comes in length: A hands breadth foure fingers: A span is thre hands breadth: A foot is foure hands breadth: A Geometrical Palse is five foot: an English Pearch is six foot: A Furlong is a hundred, & twenty five pases, or six hundred, twenty and five foot: An English Furlong is six hundred and thre score foot, or a hundred threty two pases: A League is a thousand and five hundred pases: An Italian Mile is a thousand pases, or eight Furlongs: A common German Mile is thirty two Furlongs. An English Mile is eight Furlongs: An Acre is forty Pearches in length, and foure in breadth.

A short Instruction for the Table following.

Note that the first Colunne or Row, containeth the Names & number of Shires, the second of Cities, the third of Bishopricks, the fourth of Castles, &c. Now goe straight in a line, and you shall easily finde the number Alphabetically, aswell for the English as for the Welch shires: As for example, Buckinghams shire hath no Citie, no Bishopricke, 12. Market Townes, no Castles, 185. Parishes, &c.

A Catalogue of all the Shires, Cities, Bishop-
rickes, Market-Townes, Castles, Parishes,
Riuers, Bridges, Chases, Forrests, and Parkes,
conteyned in euery particular Shire
in the Kingdome of England.

Shires.	Cities.	Bishop- rickes.	Market- townes.	Castles.	Parishes.	Riuers.	Bridges.	Chases.	Forrests.	Parkes.
Barke shire.	0	0	11	2	140	3	7	0	1	13
Bedford shire.	0	0	10	0	116	1	6	0	0	12
Buckingham shir.	0	0	11	0	185	2	14	0	0	15
Cambridge shire.	0	1	6	0	163	1	7	0	0	5
Cheshire.	1	1	9	3	68	9	19	0	2	18
Cornwall.	0	0	23	6	161	7	31	0	0	9
Cumberland.	0	1	8	15	58	20	33	0	3	8
Darby shire.	0	0	8	4	106	13	21	0	1	34
Deuon shire.	1	1	40	3	394	23	106	0	0	23
Dorset shire.	0	0	18	6	248	4	29	1	2	12
Durham.	0	1	5	4	62	11	20	0	0	21
Essex.	1	0	21	1	415	7	28	0	1	46
Glocester shire.	1	1	20	1	180	12	22	1	2	19
Hamp shire.	1	1	18	5	248	4	31	0	4	22
Hartford shire.	0	0	18	0	120	1	24	0	0	23
Hereford shire.	0	1	8	7	176	13	11	1	2	8
Huntington shir.	0	0	5	1	78	1	5	1	1	73
Kent.	2	2	17	8	398	6	14	0	0	20
Lancashire	1	0	8	6	36	33	24	0	1	33
Lecester shire	1	0	11	2	200	1	10	0	2	13
Lincolne shire	1	1	26	2	630	9	15	0	0	1
Middlesex	2	1	3	0	73	1	3	1	0	4
Northamptonshi.	1	1	11	2	326	5	24	0	3	23
Nottingham shi.	1	0	11	0	168	5	17	0	1	8
Northumberland	0	0	11	12	40	21	16	0	1	8
Norfolke	1	1	26	0	625	3	15	0	0	0

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Shires.	C.	Bysh.	M.T.	C.	Parri.	R.	Br.	Ch.	Fol.	Park.
Oxfordshire	1	1	10	0	208	3	26	0	4	9
Rutland	0	0	2	0	47	0	1	0	0	4
Shropshire	1	0	3	13	170	18	13	0	7	27
Somersetshire	3	2	29	1	185	9	45	0	2	18
Staffordshire	1	1	12	5	130	13	19	1	1	38
Suffolke	0	0	28	1	464	2	32	0	0	27
Suffex	1	1	18	1	312	2	10	0	4	33
Surrie	0	0	7	0	140	1	7	0	1	17
Warwicke shire	1	1	12	1	158	7	21	1	0	16
Westmoreland	1	0	4	6	26	8	15	0	2	19
Wiltshire	1	1	21	1	304	5	31	1	9	19
Worcester shire	1	1	7	3	152	5	13	1	2	16
Yorke shire	1	1	46	14	563	36	62	4	8	72
Anglesey.	0	0	3	0	83	8	2	0	0	0
Brecknockshire.	0	0	3	4	70	27	13	0	0	2
Cardigan shire.	0	0	4	0	77	26	9	0	1	0
Cannarthin shire	0	0	6	4	81	20	16	0	1	2
Carmarvon.	0	1	5	3	73	17	6	0	0	0
Denbigh shire.	0	0	3	3	53	24	6	0	0	0
Flint shire.	0	1	3	4	24	4	2	0	0	2
Glamorgan shire	0	1	7	12	151	16	6	0	0	5
Montgomery shi	0	0	5	3	42	28	6	0	0	1
Monmouth shire	0	0	6	7	142	15	14	1	0	8
Merionidh shire	0	0	3	1	34	26	7	0	0	0
Penbroke shire	0	1	6	5	142	6	7	0	2	3
Radnor shire	0	0	4	5	43	13	5	0	0	0

A Table to know how many Howeres and Minutes the Moone shineth every Night in the Year.

The age of the Moone encreasing.	The Howeres and Minutes that she shineth.		The age of the Moone decreasing.
	Howeres.	Minutes.	
1	0	48	29
2	1	36	28
3	2	24	27
4	3	12	26
5	4	0	25
6	4	48	24
7	5	36	23
8	6	24	22
9	7	12	21
10	8	0	20
11	8	48	19
12	9	36	18
13	10	24	17
14	11	12	16
15	12	0	15

The vse of this Table.

Take the age of the Moone in the Almanack, then look the same in this Table, which you shall find either in the encreasing or decreasing, and then in the middle Columnes you shall without further labour find the time of her shining.

As for Example: Upon the 30 day of January, I would know how many Howeres and Minutes the Moone shineth: I find in the Kalender it is New Moone the 22 day, then reckoning thence to the 30 day, I find she is 9 daies old: Then entering this Table, it sheweth, she shineth 7 howeres and 12 minutes: So is it likewise when she is 21 daies old, &c.

A P rognostication.

The explanation of a new and easie Kalender here
following, for this present Yeare, 1631.

NOte that every Moone conteineth three rowes of Cal-
lunes, (the figures for the number of Dayes excepted) the
first Colunne towards the left hand conteineth the Weeke Dates
and Sunday Letter. The second, the Signe wherein the Moone
is every day. And the third, the Changes and Quarters of the
Moone. Note that the being thus O figured doth signifie the
new Moone: and placed this) way is the first Quarter: The
● the Full Moone; And againe this C the last Quarter. Note
also, that the figures ouer the head of the Moones, doe signifie
the houre of her Changes; and the Letters underneath, the time
after noone, or after midnight, N. standing for after noone till
Midnight, and M. for after Midnight till Noone.

As for example, Against the 8 day of January, being Satur-
day, I doe finde the Moone in ♊ Leo, and is thus O
charactered, which is Full Moone at 4. of the clocke in the
Morning.

Againe, on the first day of March, being Tuesday, I doe
finde the Moone in ♊ Gemini, and is thus) figured, which is
the first Quarter, at 2 of the clocke in the Morning &c.

Note also, that at the head of every Moone is placed the Rising
and Setting of the Sunne for the middle of every Moone: As
for example, for the midst of January the ☉. Sun riseth at 7
of the clocke, and 40 minutes; and setteth at 4 of the clocke
and 20 minutes.

It also conteineth (on the back-side of the leafe) for every Mo-
neth, the Holy dayes, and Feasts, both Movable and Im-
movable; with the beginning and ending of every Terme.
As Easter-day is on the 10 day of Aprill, Whitsonday on the
29 day of May, Terme begins on the 24 of January, and ends
on the 12 of February, &c.

A briete and easie Kalender for this Yeere
 1631. which being cut out, is fit to be placed
 into any Booke of Accompt, Table-book, or
 other, conteyning the whole Almanacke, in
 a short method; By *John White.*

January.	Februa.	March.	April.	May.	June.	July.	August
07.40 4.20.	06.8. 5.14.	05.48 6.12.	04.40 7.10.	04.0. 8.0.	03.43 8.17.	04.10 7.13.	05.5 6.55.
a 8 B 8 c 8 d II e II f 5 g 5 h 4 i 4 k 4 l 4 m 4 n 4 o 4 p 4 q 4 r 4 s 4 t 4 u 4 v 4 w 4 x 4 y 4 z 4	d II e II f 5 g 5 h 4 i 4 k 4 l 4 m 4 n 4 o 4 p 4 q 4 r 4 s 4 t 4 u 4 v 4 w 4 x 4 y 4 z 4	d II) e 5 at 2 f 5 m g 5 h 5 i 5 k 5 l 5 m 5 n 5 o 5 p 5 q 5 r 5 s 5 t 5 u 5 v 5 w 5 x 5 y 5 z 5	g 5 h 5 i 5 k 5 l 5 m 5 n 5 o 5 p 5 q 5 r 5 s 5 t 5 u 5 v 5 w 5 x 5 y 5 z 5	B 8 c 8 d 8 e 8 f 8 g 8 h 8 i 8 k 8 l 8 m 8 n 8 o 8 p 8 q 8 r 8 s 8 t 8 u 8 v 8 w 8 x 8 y 8 z 8	e 8 f 8 g 8 h 8 i 8 k 8 l 8 m 8 n 8 o 8 p 8 q 8 r 8 s 8 t 8 u 8 v 8 w 8 x 8 y 8 z 8	g 7 at h 7 i 7 k 7 l 7 m 7 n 7 o 7 p 7 q 7 r 7 s 7 t 7 u 7 v 7 w 7 x 7 y 7 z 7	c 5 d 5 e 5 f 5 g 5 h 5 i 5 k 5 l 5 m 5 n 5 o 5 p 5 q 5 r 5 s 5 t 5 u 5 v 5 w 5 x 5 y 5 z 5

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo,
 ♎ Libra, ♏ Scorpio, ♐ Sagittari, ♑ Capricornus, ♒ Aquarius,
 ♓ Pisces. The ☾ New Moone. The ☾ first Quarter,
 The ☾ Full Moone. The ☾ last Quarter,
 and B the Sunday Letter,

	Septem.	Octob.	Novem.	Decem.	The Feasts Moouenable and Immoouenable: With the Termes, &c	
Day. M.	6. 8 5. 52	7. 4 5. 6	8. 0 4. 0	8. 0 3. 42	January.	July.
1	♈	♈	♈	♈	New years day 1	Dog dai. begi. 19
2	♈	♈	♈	♈	Twelce day 6.	S. I. Iunes Apo. 21
3	♈	♈	♈	♈	Terme begin. 24	August.
4	♈	♈	♈	♈	February.	Barthol. Ap. 24
5	♈	♈	♈	♈	Purif. of Mary, 2.	Dog da end, 29
6	♈	♈	♈	♈	Terme ends, 1.	September.
7	♈	♈	♈	♈	Shrove Sun 20	Mathew Apo. 21
8	♈	♈	♈	♈	S. Mathias, 24	Michael Arch 29
9	♈	♈	♈	♈	March.	October.
10	♈	♈	♈	♈	Anun. of Mary, 25	Terme begin, 10
11	♈	♈	♈	♈	Init. Reg. Car. 27	Luke Euang. 18
12	♈	♈	♈	♈	April.	Simon & Jude, 28
13	♈	♈	♈	♈	Easter day, 10.	Noah mo.
14	♈	♈	♈	♈	S. George. 23.	All Saints,
15	♈	♈	♈	♈	Mark Evan. 25.	Dayists comp.
16	♈	♈	♈	♈	Terme begin. 27.	Aduent Sund. 27
17	♈	♈	♈	♈	May.	Terme ends, 28
18	♈	♈	♈	♈	Phil. & Iacob, 1.	S. Andrew Ap.
19	♈	♈	♈	♈	Ascension day. 19	December.
20	♈	♈	♈	♈	Terme ends, 23.	S. Tho. Ap. 21
21	♈	♈	♈	♈	Whit Sunday. 29.	Christmas da
22	♈	♈	♈	♈	June.	S. Stephen, 26
23	♈	♈	♈	♈	Terme begin, 10	S. Iohn, 27
24	♈	♈	♈	♈	Iohn Bapt. 11, 24	Innocents da. 28
25	♈	♈	♈	♈	Terme ends, 29	
26	♈	♈	♈	♈	Peter Apost. 29.	
27	♈	♈	♈	♈		
28	♈	♈	♈	♈		
29	♈	♈	♈	♈		
30	♈	♈	♈	♈		
31	♈	♈	♈	♈		

FINIS.

[illegible]